



## **An Interview given by Master M for the Turkish Spiritual Magazine ‘Positive’ *September 2015***

*Q: ‘Divine love’ is something we hear a lot about. But we don’t know what it really is. We start to judge it, make light of it, and even belittle it. What exactly is divine love?*

MM: I am talking about universal consciousness. If we are aware that everything is conscious, the ant and the elephant, every plant and every human being, then our respect for all living beings will be deep and natural. If this is truly realized, you will never harm a living being again.

Many say, “Yes, yes, we know...” but they actually live out the complete opposite of that which they apparently know. This behavior shows clearly how corrupt the spiritual ego can be. Nothing can exist separately from you and me, nothing! All is one and the same consciousness.

*Q: You have been stabbed in the heart. It was a turning point in your life. Is it especially significant in some way that you were injured in your heart organ? Is there any symbolic implication or message in that?*

MM: Yes, the physical heart died, and something deeper beyond the physical body and the physical world revealed itself.

I am free of any anger or thoughts of revenge; that’s a fact. Maybe that is one message for us all! Thoughts of anger and revenge poison our hearts, and our minds become bitter.

*Q: Why do you think this has happened to you?*

MM: I never think in that way. I don't like speculating. Things happen because they happen, and not because we chose them to happen or not to happen. This is not a fatalistic perspective. It is a spiritual one.

*Q: You were stabbed and were taken to the hospital. What happened next? What have you experienced during that time?*

MM: My heart stopped beating for six minutes. I left the body and entered other worlds. This experience cannot be explained in just a few words. For me, that journey lasted a thousand years. The experience erased my sense of time completely. Now I live timelessly in time and body-less in a damaged and fragile body.

After one month in a coma I woke up blind, unable to speak, and completely paralyzed. I couldn't see the outside world anymore, but was enabled to discover profound dimensions of the inner world. I couldn't move at all, and thus discovered a degree of patience which cannot be explained in words. I couldn't speak, but this allowed me to find blissful internal peace and entrance to eternal silence. During that time tremendous spiritual faculties were awakened within me, and I realized that my true being had never touched the world.

*Q: After all that has happened what exactly are you doing at this time? What are you telling people now? What is your message?*

MM: The message is that each one of us is his own message. And what I am doing at the moment... I am answering your questions!

*Q: Is it possible for people to understand what you are saying just by listening?*

MM: Maybe. But words can also create confusion, because the listener has his own way of understanding what I say. He or she will only accept what suits his or her convenience. My words should not be merely understood. They should be seen within the spiritual heart.

*Q: In recent times many people talk and emphasize something called enlightenment or awakening. What exactly is awakening?*

MM: Awakening appears when ignorance disappears.

*Q: What is the path which leads us to this awakening? Do we have to have a guru? Should we just read? Should we go to a retreat and close ourselves off from the world? Or, is there a unique path for every individual? What is the right path and how can we find it?*

MM: I am not here to tell people what they need or what they should do. But I think that a master is important for genuine seekers.

Thousands of people are coming every year to see and experience Master M, but he never told anyone to come, or not to come. If a light appears in a dark room, all insects will fly immediately to that light; it is their natural instinct. In the same way souls seek out the universal heart of the Master.

By the way, 'guru' is a Sanskrit word and means two things: gu- darkness, and ru- light.

*Q: What is the purpose of being a human? Do you think we have grasped the meaning and know what stage we are at? Are we realizing our purpose? With these questions I take into consideration the title of your book 'What You Really Are.'*

MM: Our parents managed to produce us, so we were born and are here now. No one asked you if you would like to be born or not. No choice.

So, you are here, and now you would like to know about the purpose of your life, from someone else who was also produced and born!

Realize that you are a product of someone else, and that this product exists only as a perception in consciousness. Sorry... I know that this is not very romantic!

Isn't it strange that you are so attached to this fleeting perception and the strong belief that this body-appearance is your true being?

*Q: What is the purpose or function of experiencing all the suffering of this world? Turkey is having difficult times now. Young people are dying every day. Citizens are outraged, furious. While enduring such challenging times talk about enlightenment stirs reactions like, "What are you talking about? Enlightenment? Pure light? We are on the edge of calamity, don't you see?" What are we not seeing?*

MM: Of course I am very aware and deeply concerned about the difficult situation in Turkey. But look around you. Do you see anything different outside the borders of your country? I don't. The world is moving in a strange direction, and I don't have solutions for all these major world problems.

Still, we should be aware; war always begins in our world of thoughts, and these thoughts proceed outwards and turn into physical actions. So, if we end the wars in our daily life, inside and outside, then there is hope that things can change. It begins in our immediate environment!

Many so-called spiritual people say, "Yes, yes, you are right, we know," but at the same time they think and act in a completely contradictory manner.

If we really stop producing hate and violence in our thoughts, great things are possible. Look, for example, at what Mahatma Gandhi or Michail Gorbatschow achieved in that way. And there are many others. We can do the same!

It's not about impressive words and not about theoretical or philosophical concepts. When you find a way to end the disaster within you, the world will be a better place. Don't be inactive, but always remain aware of the direction your thoughts are moving toward. You can burn down huge forests and hundreds of houses with one match!

*Q: You say "You are the divine essence," and, "It is great to be human; just be aware of this." It is not so simple to comprehend such thoughts in our daily life, we cannot recognize this so easily. How can we be consciously aware of such things?*

MM: True spirituality is nothing other than our daily life. Otherwise, our lives would be nothing but a silly game. You are essence, pure consciousness. The entire outer world and the ignorant, conditioned behaviors of mankind are superimposed over this. Ignorance seems to be natural, but it is certainly not normal. So, find out what you are not. Your true being is always Here and Now. Neither you nor I exist in the One absolute reality. Don't be afraid to be nothing; you are much more than your limited thoughts and imaginings.

*Q: The mind is rational. What is in it and how is it constructed? How can we bring it into balance?*

MM: The mind has no construction; the mind is nothing but a cluster of thoughts, and mostly a product of ignorance. The mind is the creator of our sufferings and problems. Ignorance can never be in balance. No-mind is where to look, that is you, the Self.

*Q: Going beyond the mind seems to make everything more difficult, doesn't it?*

MM: Only a confused mind thinks such things. We cannot go beyond the mind, since the mind itself is not a specific object. If we look for it, it disappears, like the smoke of a fire.

*Q: You say that, "Materialistic mind's capacity has reached its limit." What is next, then? What is waiting for us in the future?*

MM: Materialistic mind is just another name for selfishness. I hope that this mind has no future!

*Q: "The world is exactly what we are. Penetrate into the world, live in it, but do not belong to it." Can you please explain this?*

MM: This is the explanation!

*Q: Is reincarnation a dream that we have made up because we all want to be eternal? If it does not exist, then what is there? What is death?*

MM: Only Ignorance reincarnates; liberation does not. What is death? Well, die within before you are dead, and then you will know what death is; a mirage in the desert.

Death sleeps in the same bed as life. They coexist with your conceptual image of being a physical body. The physical body and the physical world are the buildings in which we live, but you are neither of them. It is the same with the house you live in with your family. You wouldn't say, "I am the house," but you would say, "I live in this house."

*Q: You say "To look for God is like asking the way home when you are already at home." Where does the need to believe come from? Is there a God? Is God the whole that include us too? Is it energy, consciousness, or what?*

MM: People believe in order to see, instead to seeing in order to believe. You use the word God and with that word, all these questions arise. Is he this, or maybe that; does he exist, or maybe not?

Master M is spiritual and not religious, so there is no answer concerning God. Which authority exists that knows for sure? Many speculate, too many, far too many.

Still, I have a deep respect, for all religions. That's why people of all religions and faiths are coming to see me. My being Here and Now is free from dogmatic beliefs, images, and concepts. My heart embraces all living beings. This doesn't make me someone special, but rather, someone extremely normal.

*Q: What happens at your gatherings?*

MM: Come and see for yourself! Next year my Turkish publisher Ganj Yayınları will release another book of mine which is called In Touch with a Universal Master. This unusual biography was translated into several languages and has amazed thousands of readers in many countries of the world! My gatherings are not spectacular, but in many ways special!

*Q: What kind of life are you living when you are not at your gatherings? How do you find refuge from this illusion?*

MM: How can I find refuge from something that doesn't really exist? I live a normal life together with my wife and we have two grown children. What might be not be so normal is that I work seven days a week, 365 days a year, and for over twenty years I don't sleep anymore. I am fully awake, while my body is asleep in bed.

My spiritual life embraces dimensions which can't be explained in a short interview, but these things are quite thoroughly described in my books.

*Q: You say "Spiritual techniques and practices are simply egoistic." Many people say that they reached awakening through those techniques and practices. Are they deceiving themselves?*

MM: Effortless awareness is enough. The mind which is itself a delusion has imagined and invented many spiritual paths on which the –I–, the ego, can follow to find God or the Self. It is indeed like the man who was home in his house and called all his friends for advice, telling them that he got lost and needed their help to find the way back home. The friends asked him where he is calling from, and the man answered, "Well... from home."

*Q: In your book you say, "In consciousness the idea of a long journey on earth arises. One has reached many frontiers and gone down countless paths. Suddenly the wanderer awakens and is aware that the wanderer as well as the journey was illusory. The person who went from here to there never existed." When and how will this awakening happen? Will this happen to everyone?*

MM: It happens Now; only Now exists.

Will it happen to everyone? Let me put it this way: there is a pile of wet green grass, and one takes a match to set it on fire. But it doesn't work. Wet green grass will never burn! But if that same grass is well dried in the sun, a spark will be enough, and it will burn immediately. The master patiently dries out the wet grass; he is a master in drying.

*Q: At the end of your book you say, "Everything is ok." Why can't we see this? Why do get so angry or sad, and suffer? What are we supposed to do?*

MM: Stop creating disorder in your life, and you will see. You will never find true happiness in objects and things which appear and disappear. Enjoy the great divine silence which is eternal within the world and throughout the world without ever touching or mingling with transitory appearances.

Maybe you cannot change the world, but you can change yourself. So do it now; if not now, when then?

Peace be with you all.

– Master M

